

WHERE DOES YOUR TIME GO?

Fill in the hours you spend in class, meetings, work, personal time (eating, workout, etc.)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 am -----	-----	-----	-----	-----	-----
8:00 am -----	-----	-----	-----	-----	-----
9:00 am -----	ENG 0101	STUDY	ENG 0101	STUDY	ENG 0101
10:00 am -----	STUDY	MATH 0098	STUDY	MATH 0098	STUDY
10:30 am -----					
11:00 am -----	STUDY	MATH 0098	STUDY	MATH 0098	STUDY
12:00 p.m. -----	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00 pm -----	STUDY	STUDY	STUDY	STUDY	STUDY
2:00 pm -----	PSY0101	STUDY	PSY0101	STUDY	PSY0101
3:00 pm -----	STUDY	STUDY	STUDY	STUDY	STUDY
4:00 pm -----	STUDY	STUDY	STUDY	STUDY	STUDY
5:00 pm -----	STUDY	MUSIC 0101	DINNER	MUSIC 0101	STUDY
6:00 pm -----	DINNER	DINNER	PEDC 0181	DINNER	DINNER
7:00 pm -----	-----	-----	PEDC 0181	-----	-----
8:00 pm -----	-----	-----	-----	Club Meeting	-----
9:00 pm -----	-----	-----	-----	Club Meeting	-----

Where is your free time? How are you currently using your free time?

Could this time be used for studying?

If you used this time for studying would you still have time for relaxation and socializing?